

Quantum Health

A new natural and non-intrusive approach at the service of Global Health Users

Special thanks to the team of the Quantum Health Foundation & Institute for the Development and Promotion of Quantum Health, and in particular to Nicolas Kourim and Jean-Louis Garillon of the Quantum Health Steering Committee and to Professor Daniel Courty of the Quantum Health Scientific Committee for their contributions and insights.

Beyond this one-off collaborative work of presentation, this dossier is more fundamentally the fruit of a close collaboration between two worlds:

- experts in the new field of Quantum Health: doctors, therapists, researchers, teachers, all engaged for many years through their profession and their passion
- and consumers of quantum health, users, individuals, juniors and seniors, facebookists and men / women in the field, professionals in business, associations or media.

You will find, intentionally, a perspective and a language of both worlds, sometimes separately, sometimes mixed, sometimes more technical, but very vulgarized, because the world of the Health of tomorrow will be ... connected!

The problem and the need: the end of an "industrial" model

Patients who no longer listen to their doctors, drugs that no longer have the desired effects, doctors who no longer take the time to make an adequate diagnosis, industrial and health scandals, side effects of excessive consumption and sometimes hospitals or medical teams under-staffed, a health system on the brink of collapse, ... a world in distress. But how did we get to this extreme stage?

We just ... lost our heads. At first, there were important scientific discoveries and a genuine desire to improve the human condition. In a way, we have succeeded to a certain extent. No one is going to challenge the progress of technologies that make it possible to carry out critical interventions, especially in the field of surgery. Or the progress of research that has led to new drugs allowing to fight infections or other acute illnesses. Real advances that help save lives on a daily basis.

But at one point in the course of this progress we have deviated from our path. In order to produce - and sell - more and more quantities, we have followed the path of industrial optimization (according to the Japanese Kaizen model) and have favored quantity at the expense of quality. We have moved away from proximity care for the sake of mass profit. And once engaged in this way, we had no choice but to accelerate in order to cope with the effects we had created ourselves.

Today we have come to the end of a model.

And not just in the area of health. When we stop for a moment to take a step back and look across the usual boundaries of our disciplines and organizations, we realize that there are very similar findings ... elsewhere.

In agriculture, we have promoted for decades intensive industrial cultivation, in the name of an ever-increasing growth in numbers. We used synthetic fertilizers and pesticides to increase the yield of our land in the short term, without taking into account that this treatment would impoverish these same lands, eventually requiring more and more artificial treatments, the land being increasingly fragile and bloodless. So we made the land "sick" in favor of a higher

yield in the short term.

In the current business and management of our companies, we have, in the name of creating attractiveness for shareholders and intermediaries, fostered the centralization and consolidation of activities, the implementation of increasingly automated processes, the use of robots at the expense of human activity, to the point where we have sometimes totally lost contact with those for whom these same businesses are supposed to deliver value: their customers. Today, many of these companies have grown big, but find themselves without a soul and, at the same time, weakened by their size and their need for continued growth, their distance from customers and their lack of agility. This requires frequent restructuring, cuts that again weaken the heart of the company in question. Here too, we have promoted short-term return at the expense of long-term health.

In the area of health, we therefore simply find similar effects of the same methods practiced in other sectors. We have chosen to optimize the treatment of symptoms with a short-term effect, to align and focus our "care structures" on this type of treatment, while applying the industrial methods of "LEAN" and optimizing the processes and clock times, setting aside upstream work, prevention, research of real causes and time spent with patients through a real human presence. And as elsewhere, the side effects of this approach finally catch up with us!

By ingesting antibiotics (which were the major discovery of the 20th century), analgesics and anti-inflammatories, at any time and for anything, we have poisoned and weakened our organisms. The body has become a "vegetable" in the medical sense, assisted from all sides by external contributions to the slightest concern and therefore naturally less alert or active to defend its walls on its own. Inadequate defenses of the immune system is today one of the main physiological causes of major current diseases, a "home-made" problem caused by the excessive consumption of synthetic drugs, but also by junk food, lack of physical mobility and especially by stress.

While western health systems are on the brink of economic collapse, WHO's projections show that health spending (public and private) is expected to double between 2012 and 2025. Why?

Let's simplify to excess by saying that we have an aging population (the Malthus effect described in recent studies), with an increasing number of chronic diseases that cannot be "cured" effectively by the approach of conventional medicine. We are therefore projecting to increase health spending even more for conventional, more expensive and inefficient methods, while the cash boxes are already empty. The awakening is rude, but very real.

Far from us to criticize the many benefits of this same medicine that saves a lot of lives and makes it possible to fight against certain scourges; equally far from our minds to want to replace it, because conventional medicine is important and effective for emergencies (if you have an accident or a mechanical wear or equivalent problem, then you need the best surgical expertise possible using the appropriate technological means) and acute illnesses (if you are the victim of a "bacterial or viral aggression" and if you have 40 ° C of fever, you will take the most effective "medicines" that will allow you to survive the crisis). Only this conventional approach is not very effective against the chronic diseases which represent about 80% of the problems of "Health". It is simply a different orientation because conventional medicine does not focus on root causes or effective prevention, but primarily treats the symptoms. Moreover, in view of the galloping industrialization, as described above, a general practitioner today has neither the time nor the knowledge to determine precisely the root

cause of the respective symptoms.

And then as a patient, I mean, as a Health User, we now realize that for a long time we have not been living in a Health System (as described in official terms), but in a Medical System which manages and maintains the disease in some way. There is no point in pointing our finger at our governments and administrations. We, the users, are in the end primarily responsible for this drift, because we have become "sheep", kids standing before health experts.

Let us take the case of a thing that is usually very dear to us: our car. When we acquire a new car, either on credit or through a leasing principle, we will make regular revisions according to the sequence foreseen in our maintenance book. In the majority of cases, therefore, we will not wait until the car breaks down, but do prevention work in order not to have a problem.

But what do we do with our body, our "main vehicle"? We treat it like an old car, run it thoroughly, in all weather, and wait until we have to stop one day by the side of the road, when it finally breaks down. Then we call the repair service, and use a mechanic to change a component or two, without actually dealing with the real causes of this breakdown and without assuming our responsibility.

It's totally crazy when you really think about it. We treat our car much better than our body. And we have become more and more demanding towards the mechanics (doctors), because we want them to repair the vehicle right away so that we can start again to resume our dangerous driving. Not very adult, this behavior.

We are at the crossroads today and start the new day with a real hangover. The old pattern ends for multiple reasons and we have to choose a new approach. There is no question, however, of simply replacing one doctor or a medicine by another, no, that is not the point. Tomorrow we must become fully aware of the role of each and every one in a new system, and we must use our technological progress wisely to help us reconnect with a recovered thousand-year-old knowledge and with an individual responsibility for our acts.

Quantum Health, the new "complementary" approach

The concept of Quantum Health is based on 40 years of research in the fields of space health and astrophysics, as well as over 20 years of practical application in hundreds of thousands of cases across all areas of health problems.

Through the new perspective of "integrative physiology" and through the combined use of innovative non-intrusive space technologies and selected complementary therapies, we are able to identify the root causes of health problems and treat the areas which are at the origin of these causes, to help speed up the fixing of existing disorders, to minimize or prevent possible future complications and to help each one to live better and more independently.

The concept of Quantum Health was born from the merger of several fields of knowledge:

- **Research in space health** (initially launched in Russian space programs in the early 1970s) and simultaneous discoveries in global astrophysics and cosmic physiology (Russia, Europe, United States) which led to respective developments of investigative technologies and treatments for cosmonauts.
- **A new dimension of physiology** (integrative physiomics) which helps us to look at a pathology with a different attitude and to put it in direct relation with all the other functions of

an organism allowing us to understand the meaning and cause of a disease or illness, or an alteration of health.

• **Systematic revision** and restructuring of many traditional therapies based on the concept of energy, now organized in a new framework of reference for integrative medicine, covering a common core of investigative means and four major therapeutic branches.

Quantum Health is based on several fundamental discoveries - here are its principles:

A global vision of the body and the human being

A human being is composed, like the universe, of three main elements: biochemical matter (what we see and touch), biophysical energy (which we cannot see, even though its presence is scientifically proven) and information that connects and organizes both (as information systems make it possible to operate all our physical systems). The "energy" body represents about 80% of our "integral" body. Energy means Light, and Light means vibrations and frequencies that can be measured. This means that all the invisible parts of our great energy body vibrate at a certain frequency when we are in good health and at a different frequency when health is disturbed. On the basis of this discovery, a large system of references was built over the decades by:

A) defining with a transverse team (physicians, mathematicians, computer scientists) criteria in correlated algorithms,

(B) continuously measuring the data of a large number of people of all ages and backgrounds, in good and poor health, across all existing pathologies.

These new technologies for the digitization of undulatory data make it possible to measure, visualize and correct any deviation of a function from its norm, within the framework of a non-intrusive action, providing at the same time a reproducible and effective approach, well beyond the statistical methods of conventional medicine.

Identification of causes (etiopathogenesis) and treatment of the environment of causes.

A "disease" is just the end of a chain reaction in which the pathology appears in terms of symptoms. The vast majority of health problems (apart from physical problems caused by external aggression) often arise from an emotional disorder generated by stress of any type that is not "digested" by the limbic brain and which regularly emits negative signals in the direction of the energy body, thereby creating minor or major disturbances. If these disturbances are not repaired (e.g. using therapies focused on the harmonization of energy flows), then a "disease" will appear sooner or later in the structure (matter) of the physical body.

Remember the sentence: your body gives you a warning signal by specific symptoms, so you have to slow down or change your way of life or your eating habits Conventional medicine usually deals only with symptoms. You have pain in your shoulder, it gives you a drug that will minor the symptom.

Problem # 1 is that this drug does not "cure" anything, it will simply reduce the pain and remove the symptoms, at least momentarily. It is like putting a virtual plaster on your shoulder for a quick fix.

Problem # 2 is that it will have a consequence on other organs of your body. The doctor will then give you another different treatment later to make the second symptom disappear. And so on and so forth ... After a few months or years, you will be a "traveling" pharmacy, but the real causes of your health problems will most likely not have been identified or treated since the start! The Quantum Health approach is able to identify the root causes of existing and future health problems, as it can "see" non-intrusively the current status by assessing trends and predispositions in all the functions and organs of the body. This allows a physician trained

in this approach to locate and correct the ground conditions (the terrain) responsible for any pathology and therefore allows a measurable high impact, both on the acceleration of the "healing" of existing disorders and the prevention / reduction of new health problems.

Improved overall health and self-sufficiency

Health and disease are directly connected. Imagine that you are ill ! What percentage of your body is ill ? Let's take again the example of your painful shoulder and say that only a small percentage is ill, say 5% or less. What do we do in the conventional approach? We try to eliminate the "pathology" with chemical means or by surgery. So we act on 5% of the body, at the risk of hurting the whole body. But what do we do with the remaining 95%? Nothing !

Let us take another example. Imagine that in a large community there are certain problems that create a strong negative impact on the rest of the community. What do we do in a "classical" approach? We are trying to eliminate problem areas by using all kinds of means of destruction. But what do we do with the rest of the community that represents the overwhelming majority? Are we trying to encourage a dynamic by investing in better education to reduce ignorance, and increase knowledge in better health systems to reduce chronic health problems and improve the overall health of populations, invest in enterprises to allow more individual and collective wealth and autonomy? Well, very rarely do we do that.

If we would invest in these areas, then the much larger "healthy" part of the whole community would eliminate the problem areas by itself. In the body, it's very similar. Thus, with this new vision, we focus not only on the "diseased" parts, but mainly stimulate the healthy parts in order to encourage and allow them to impact and eliminate the "disease" via the natural intelligence of our cells.

The user, the new global health actor at the heart of the action: ongoing involvement and exchange

Global Health is linked to the ability of an individual to live independently to the end of his or her life expectancy.

Research carried out between 1972 and 2002 by Russian Professor Yury Guscho made it possible to identify the causes of the longevity of certain types of population. This study, based on a detailed analysis in more than 120 countries, allowed the identification of about 3,500 secondary criteria and 12 main resources influencing the Global Health of an individual from a defined socio-economic group. There are 6 so-called "personal" resources and 6 "public" criteria:

Personal Resources: Quality of Nutrition / Water Consumption / Breathing / Physical Exercise / Health Conditions / Mental Conditions.

Public resources: Quality of education / Social habits / Medical service / Genetic predispositions / Working conditions / Environmental conditions.

Using a very precise questionnaire for these 12 resources, a simulation of life expectancy for each individual is carried out on a statistical basis with indications of actions to be taken to improve his/her Global Health, and thus his/her longevity as well as his/her capacity of autonomy. The results of this long-term study show that medicine is only one of the resources of Global Health and that the main responsibility for good or bad health rests with the individual, his or her style of Life, feeding behavior and other criteria that can and should be directly applied by the individual. In the new approach of Quantum Health, therefore, the objective is not only to bring a new therapeutic solution at a "medical" level, but also to make

the Health User aware that he must henceforth assume his role as the principal actor of his own health and well-being.

These new sciences and technologies provide a capacity for paradigm shift by offering new means of diagnosis, prevention and non-intrusive treatment that lead to a great autonomy of Health Users. But the User must adapt the "management" of his personal and public resources if he wants to improve and optimize this autonomy in a sustainable way.

Henceforth, we are moving towards a Global Health that is influenced by Users who are conscious and responsible for their lives and functions, knowingly using therapies, technologies, products and expertise to accompany them on their journey of Global Health, and in the direction they decide to take. It is via the awakening of the consumer of "natural" health products and services that the new Actor of Health is born.

Example of actions taken for a Health User

Quantum Health can be applied by the user in his usual environment or in a "Quantum Health Center" with general or specific orientation. The following protocol describes the process of a typical session within the reference framework of Quantum Health (investigation and initial treatment).

Each individual session can last from 1 to 4 hours * and include:

- Introduction to the vision of global health and quantum therapies,
- Global Health Analysis (360 ° investigation based on 12 main resources for autonomy and longevity of the User),
- Investigation of Quantum Health by identifying the current problems and potential problems - Analysis of the root causes and complete balance of health,
- Quantum Informational Therapy (level I) - global and specific information processing of the selected functions of the organism with regards to the identified causes and the disturbances,
- Quantum Energy Therapy (level II) - local and specific treatment of the functions and relevant areas of the body,
- Quantum complementary Therapies (level III) - complementary therapies required according to the results of the assessment with treatment recommendations by the Quantum Health team (e.g. aromatherapy or olfactotherapy for functional and / or emotional disorders)
- Prescription of natural elements (trace elements, minerals, nutritional supplements, aromatic components and / or other natural elements for specific quantum therapies), not forgetting food and psychological advice,
- Individual assessment and exchange with instructions and roadmap for individual and controlled follow-up.

* according to the configuration, the specific case of the user and the results of the initial investigation of its operations.

A case study: calcification of the Achilles tendon

Beyond the intellectual understanding of the biological and physiological mechanisms of the individual, it is fundamental to be able to investigate health on the different levels that determine it.

First of all - its constitution: a human is kneaded with "original clay" with its minerality, this tissue whose biochemical nature is its essential characteristic. Its components in trace

minerals and basic minerals determine a kind of typology with its functional abilities and weaknesses that are linked to potential imbalances. Spectrophotometer-based technology accurately assesses the quantity of each component and compares it to standards, helping to establish a structural and functional profile of the patient.

Then comes a precise evaluation of the degree of functioning (called degree of entropy) of each organ, in relation to all its functions, then of each tissue and finally of each cell, including its organelles and even its nucleus holder of the chromosomal capital! Indeed, epigenetics shows us that it is possible to evaluate and correct not the structure of the gene but its "expression" within all the combined organs.

This action is possible by means of specific electromagnetic information based on ultra-low frequencies which will resonate with those produced by our cells. Biofeedback mechanisms make it possible to apply this bioresonance and to control the action performed and the benefits obtained.

Devices of Russian design are now at the forefront of investigation and capabilities of correcting information in the living body. These technologies are based on the application of complex mathematical theories called "nonlinear dynamic systems" derived from the "chaos theory". The algorithms generated integrate tens of thousands of parameters and thus allow to evaluate with precision the degree of entropy of each biological structure in its activity. This theoretical and technological revolution at the service of health finds its first field of application with astronauts who are regularly monitored in this way for their health. These devices require rigorous training and a thorough knowledge of this new science of integrative physiology which enables us to understand the functional relationships between all organs, including the environment, psyche, emotions and inner life.

Let us take the simple example of a patient who comes for the first time with a calcification of the Achilles tendon after having undergone several medical treatments and physiotherapy (short waves) to solve his deposit of calcium which attaches to his tendon at the junction of the calcaneus by creating a hard and very painful thorn, almost invalidating at walking. The surgical solution is considered, but the results observed are absolutely not ... convincing. So the patient refused it and he turned to complementary and bio-quantum therapies!

- First, the mineral balance shows an imbalance in the calcium fixation and it is silicon that will be the catalyst for a reconstruction of its phosphocalcic balance.
- Then, the functional assessment shows a disturbance of the metabolism and the kidneys, which will be corrected by bioresonance.
- Finally, the calcium deposit of the calcaneal spine must be resolved in a non-traumatic way. And this is where the photons emitted by a "magneto-infrared-laser therapy" device will perform miracles: in a few sessions of 15 to 20 minutes, the power of light will make it possible to resorb the pathological calcium that will melt like ... the snow in the sun! This light activity inside the living tissues will modify the activity of the cellular mitochondria (action on an enzyme called Cytochrome C-Oxidase) to revive a pathological calcium resorption. What a living intelligence in each of our cells! We must not forget a small correction of food and our patient will be on foot, in shape, in two or three weeks and this after months or even years of suffering.

We could have taken a more complex case, such as an autoimmune pathology whose numbers are multiplying day by day and for which conventional medicine often stumbles on

polyfactorial complexity, which leads to chronicities for young subjects (Inflammatory diseases of the intestine or the joints or the skin or ...)

To date, some public or private hospitals are considering this new complementary therapeutic approach, within the framework of "integrative medicine", but it will take time to obtain an evolution of the national health system.

Example of methods and technologies

The new framework of Quantum Health brings together natural and non-intrusive means applicable to all problems of global health. What product or service? What does it do, what are the expected results?

Non-invasive technologies

- Investigative technologies such as:

Wave and Informational Scanner, Spectrophotometric Scan, Pulse Scan, Deep Root Cause Analysis for Body Parts,

- Therapy technologies such as:

Soft-magneto-concentrated lasers in different frequencies, sequences and powers in combination with high frequency treatments, informational vibratory treatments to restore the general and / or specific functions of the body.

Complementary therapies: selected therapies of the new reference system for integrative medicine

- Nutri-therapies
- Dynamo-therapies
- Osmo-therapies
- Relatio-therapies

Quantum Health: applications and multiple benefits for the different groups of users and cases - the strengths.

Conventional medicine is effective in emergencies (eg, need for surgery) or acute illness. These cases account for about 20% of overall health problems. The approach of Quantum Health is effective in the detection upstream and in the prevention of possible diseases, in the diagnosis of the root causes and in the treatment of all pathologies outside of emergencies and acute diseases. This represents the remaining 80% of all Global Health problems. Quantum Health does not replace conventional medicine, but complements it effectively, even in acute cases. It provides a significant advantage in the following cases:

- Identifying root causes of current and future health problems, and changing framework conditions in relation to causes.
- Initiation and acceleration of the healing process through global and local therapies (action on the healthy part of the body).
- Support for recovery from current health problems and improved overall health.
- Evaluation of the concrete effects of treatments on the improvement of global health (treatments in the framework of Quantum Health and conventional medicine).
- Prevention of health problems before they occur and / or become incurable.
- Increased autonomy in health and reduced dependency on intrusive therapies and / or biochemical drugs.

- Helping to live better and longer.

Quantum Health allows for comprehensive health reviews and subsequent personalized treatments for patients in all areas, general and specific, of global health, for example in the case of:

- Problems specific to children,
- Problems specific to the elderly,
- Chronic diseases,
- Metabolic diseases (diabetes, cholesterol, arthritis, sclerosis ...)
- Autoimmune diseases
- Osteoarticular Diseases
- Nervous Diseases
- Chronic infectious diseases
- Individual prevention
- Shock, stress, emotional disturbance

The Quantum Health Initiative: The 2017 roadmap

Quantum Health is an initiative of the "Quantum Health Foundation & Institute" and its operating entities. Its objective is to develop access to effective global health for all and across all areas of health, through a combination of innovative space technologies and selected complementary therapies, and through Continuous Research and individual treatments. The work of the initiative is organized under the aegis of an independent foundation operating on the basis of the principles of sharing and transparency of a Community.

The initiative is organized around 4 main axes:

A) Continued development of a standard for Quantum Health

The objective is to construct a new reference framework composed of an axis of diagnostic means and several axes of therapeutic methods. Based on best practices in other innovative sectors, this framework is co-developed by the Community of Professional and Individual Researchers and Users at the international level.

As early as 2017, several supra-regional congresses per year will serve as a point of meeting and sharing to present the results of the first work to representatives of professional and private users, beyond traditional, regional or disciplinary boundaries. The works will be published as they progress in order to share the conclusions with the public and to complement / refine the "living" referential, in terms of its content and structure.

B) Training of professional and private users

The principles, methods and tools of Quantum Health are grouped within an Academy, a place of sharing and transmission for practitioners (doctors, therapists, caregivers, operators and managers) and individuals interested in the approach to Quantum Health. The Academy offers theoretical and clinical training, at a distance and / or in the field, adapted to the needs of different groups or individuals, on the basis of modules developed by members of the Quantum Health ecosystem and labeled by the Scientific Committee.

C) Establishment of therapeutic centers

There are different configurations and types of Centers, allowing the use of Quantum Health methods and technologies in a defined protocol, for

O Prevention and Health

O Beauty and Wellness

O Performance and Sport

These Centers can operate independently or can be integrated into other activities or institutions to facilitate the access of the largest number of users (e.g. integration into hotels, a sports complex, professional infrastructures, etc.) and are organized in a modular infrastructure way.

The aim of the initiative is to develop a large number of Centers based on partnerships with professionals from different professions (doctors, therapists, operators and operators of Centers, managers and developers of real estate solutions, investors, associations). Support is available for healthcare professionals who want to develop a new activity or transform an existing activity.

D) Management of an Institute (test and validation laboratory)

The technologies, products and therapies proposed within the reference framework of Quantum Health are regularly tested and validated by a group of researchers and expert practitioners, as well as by a group of users, to allow the evaluation of the methods used and the results obtained in different applications. This Institute carries out a continuous sourcing at the international level with regards to the elements of the reference system, acts as a force of proposal, and even contributes to the realization of the development of new products and technologies.

E) Animation of a Community of Quantum Health Users

A Community of Users of Quantum Health allows regular exchanges between users, private individuals and professionals, with the aim of identifying needs and possible solutions for the various areas of Global Health.

If you are interested in participating in the Global Quantum Health Initiative, either personally or professionally, globally or in a specific area, please contact us at: contact@quantum-healthcare.com.

We will contact you to discuss your needs or objectives in order to give a concrete follow-up to your request.

The new approach to Quantum Health: its specificities

By Prof. Daniel Courty

Born of Russian space technology, the concept of quantum health we pursue is endowed with a strong identity, characterized by 7 points:

A- The re-integrated Human: the classical approach has dismembered our vision of a human brought back often to a simple biochemical machine. We want to define Health on broad and solid basis, in the naturopathic heritage, but bringing together under the umbrella of "Physiomics" the latest knowledge and innovative technologies.

B- The five indications: in the spirit of supplementing the absences and deficiencies of classical medicine, with the use of a new conceptual era that opens up multiple horizons, we develop especially 5 fields of applications coordinated in a gradual way. It is: Stress and adaptation; Immunity and energy; Strengthening the body and sports power; Balancing / harmonization; Optimization and augmentation (through natural channels).

C- The use of quantum vectors: we give a great importance to photonic information, by mobilizing efficient and proven technologies.

D- The use of electromagnetic tools: the language of frequential vibrations is at the basis of the Universe and the Alive; We bathe in a fluid ocean agitated by waves, vortices and harmonic resonances. We develop applications adjusted to this quasi-musical harmony of the world.

E- Non-intrusive, non-invasive, innovative technologies: we pay particular attention to respect for people, their confidentiality and integrity. Innovation is linked to this concern: to constantly improve our knowledge and our tools, to realize our project to put the human being at the center.

F- Fluid evolutionary architecture: our organization wants to be effective and pragmatic, adaptive in an open non-dogmatic ecosystem.

G- Informational vector: the heart of our system, we want to promote an informational conception of Health (following diagram), side by side and in respect of a medicine based on the experimental sciences.

